



## Badminton tournament packing list

### Necessities

- ✓ Rackets. Something to hit with.
- ✓ Shuttles. If organizers do not provide it. Something to hit.
- ✓ Licence. If the tournament is rated.
- ✓ Money. For the starting fee.

### Clothing

- ✓ Badminton shoes.
- ✓ Socks.
- ✓ Shorts.
- ✓ T-shirts.
- ✓ Towel.
- ✓ Underwear.
- ✓ Badminton training pants. When it's cold in the hall.
- ✓ Sports sweater, or similar. Also, when cold.
- ✓ Flip flops. When the feet want to rest.
- ✓ Special medical items, f.e. splint.

### Cosmetics

- ✓ Shower gel.
- ✓ Shampoo.
- ✓ Sponge
- ✓ Tooth paste and toothbrush. If the tournament is longer than one day.

### Food and drinks

- ✓ Sandwiches. Or something more luxurious.
- ✓ Chocolate.
- ✓ Water.
- ✓ Hot drinks.

### Fun

- ✓ Photography equipment. When you want to take pictures of your badminton colleagues.
- ✓ Music player. When there's nothing to talk about with your badminton colleagues.
- ✓ Laptop. For workaholics.
- ✓ Reading. Professional, fiction, or about badminton.